



Senior Athletics Day Wednesday 7 November

Dear Parents / Caregivers

We will be holding our senior athletics day for our Year 4 - 8 students on Wednesday 7th November at Mt Smart Stadium. Our ethos of having a go and having fun will be the theme of the day, so we will be encouraging all the children to have a go and participate in the events on offer.

The events are:

Shot Put
Discus
High Jump
Long Jump
100m
200m
400m (Year 6 only)
800m (optional for all year groups)

The students will be travelling to Mt Smart Stadium by **bus leaving the school promptly at 9.00am**. It is essential that all students are at school for the 8.50am bell so we can do our roll checks before leaving the school grounds. Any late arrivals will need to make their own way to the park after informing the office of their arrival at school. Please fill in the permission form below and return to the classroom teacher.

As the children will be competing in a rotation type competition there will be no allocated lunch break, instead the children will be able to eat their lunch or snacks when they get a break between their events. The children are not permitted to eat or drink on the field so will therefore need to stay in the spectator area to eat their lunch. Students will not be permitted to buy food at the event.

Some housekeeping to help make the day run smoothly will involve all children bringing:

- a named sunhat
- plenty of water (no sports drinks please)
- suitable shoes to run in
- packed lunch (a bit more than normal)
- sports shorts
- personal medication as required
- jacket or sweatshirt
- house shirts (or clothing in their house colours)

The approximate programme for the day will be as follows: Please note that these times could change.

Please be aware that these times are based on when the buses leave KTS and arrive at Mt Smart.

Programme: - Dependant on Buses - this is a guide only

9.10am	Buses leave KTS
10:00am	Girls track heats Boys field events
11.30am	Girls field events Boys track events
1.15pm	Approx - All finals: 400m (if time permits), 200m, 100m

2.30pm Buses leaves the venue to return to KTS

Please feel free to come along for all or part of the day to support your child. If you do come along please dress in your child's house colour for the day and we will ensure that you get 500 house points for this.

There are seats in the grandstand or alternatively please feel free to move around to follow the child you are supporting but remain on the inside of the track and away from the events. Our day is running to a tight schedule and any children who do not turn up for their event will miss their chance to compete. Please see the attached map for the best places to park - O'Rouke Road is the best for visitor car parking and make sure that valuables are out of sight in the car.

The children will be competing for ribbons, house points and places in the KTS zone athletics team. They will receive ribbons for 1st, 2nd or 3rd place in their events. We ask that you please respect the judges' decisions as these are final.

We are hoping for fine weather and a fun day and we would love to see you there entering into the spirit of the day and encouraging all of our budding athletes. If the weather is variable we will have a message posted on the school website by 7.30am on the day. Please check here for cancellations.

We need parent help to run some of the activities with the teachers. If you are available to help either for part of the day or the whole day please fill out the form below and return to the school office or email Jayne Settle.

All offers of help will be responded to by Thursday 18th Oct.

Thank you.

Jayne Settle

PE and Sports Coordinator

jayne@kts.school.nz

Please return the following sheet to your class teacher.

I give permission for my childin Room
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to attend KTS Senior Athletics at Mt Smart Stadium on Wednesday 7 November.

I agree to inform the class teacher and/or Jayne Settle if my child has any physical or mental health issues that may impact on his / her ability to participate in the activity

Parent

Name:.....Signature.....

Mobile:.....Email.....

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Senior Athletics – Mt Smart Stadium – Wednesday 7 November

I cannot help at athletics day

I am available to help on the day from 9.30 – 2.30pm

I am available to help for part of the day from _____ to _____

Parent Name _____ Mob _____

Email _____

Teachers please send off offers of help to the sports box in the office.